

FEBRUARY 2020

FAMILY CHAT

a monthly newsletter for parents at Christ Church

BOOK OF THE MONTH THE WONDER OF EASTER (ED DREW)



- a book of Bible devotions to be used by families through Lent
- manageable 10 minutes each
- contains a Bible reading, an activity you could try, questions for different aged children, and a prayer
- no prep needed!

#linkofthemonth FAITH IN KIDS PODCAST



- series of podcasts for parents, with the aims of helping parents to read the Bible with their children
- companion podcast to the Wonder of Easter book
- 30 minutes per podcast great for a commute

www.buzzsprout.com/237067/919392-faith-in-parents-1-start-here

Pancake Day. Maybe my favourite minor Christian festival! A good friend of mine once managed to impressively consume 12 pancakes in a single sitting... However, she was promptly sick quite soon afterwards!

I love the variety with pancake day - you can basically load anything tasty on them and it passes as a meal for one night of the year! You can go sweet or savoury... or both together if you're a bacon/maple syrup fan! Roo and I always seem to forget about pancakes until pancake day... And then we realise that they're an amazingly fun food, so we eat them for dinner about 3 times in the next week, before ignoring them again for another year! Since I joined the team here at Christ Church, one of my BIGGEST priorities is to help parents to be more confident to read the Bible with their children at home. (Bear with me... i do have a link to pancakes...)

In fact, this week I came across a funny verse in Jeremiah 15 that says : "Your words were found, and <u>I ate them</u>, and your words became to me a joy and the delight of my heart" (v16). A few times in the Bible God tells us that his word is a bit like food! It sustains us. It feeds us. It helps us to flourish.

Pancake day is a day with some great food! It kick-starts Lent, the countdown to Easter. As a church family, I would love us to take up a "Lent Challenge." Instead of *giving up* something, why not *take up* something - take up a family Bible time. To the left, I've linked a *wonderful* resource - The Wonder of Easter. It's purpose is to make family Bible times more realistic and achievable. The aim is not a 30 minute sermon every day at breakfast... But 5-10 minutes, reading some of the Bible as a family, that it would be "a joy and delight of the heart" to you as a parent, and for your children as well! If you have no idea what this might look like, take a listen to the podcast I've linked - the author of the book borrows different children(!) and records himself doing a family Bible time with them!

With love and prayers

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Dinnertime Discussion: As a family, what time would practically work best for you to find 10 minutes in a day to "eat" some of the Bible together?